

## PLANNING for YOUR Future A Series to Be Experienced

From September 2023 through November 2023

**WHERE: St. Paul's Catholic Church New Bern, NC  
MONDAY AFTERNOONS at 1:30 pm**

- ✚ September 18<sup>st</sup> INTRODUCTION To Meaningful Conversations, An Inter-Active Experience
- ✚ October 2<sup>nd</sup> Advance Care Planning Education (ACP) - What YOU Need To Know
- ✚ October 9<sup>th</sup> SELECTING your Health Care Agent and BEING a Health Care Agent
- ✚ October 16<sup>th</sup> UNDERSTANDING - Palliative Care / Home Health / Hospice
- ✚ November 6<sup>th</sup> Writing YOUR OWN OBITUARY
- ✚ November 13<sup>th</sup> COMPLETION of YOUR Advance Care Planning (ACP) Documents

**FOR REGISTRATION: CONTACT - DeLesa Conway - (252) 638-1984**  
Register either for – The Whole Series OR Just Those Sessions You Are Interested In  
Order of Topics is subject to change based on availability of speakers

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**WHERE: St. Peter the Fisherman Catholic Church Oriental, NC  
WEDNESDAY AFTERNOONS at 2:30 pm**

- ✚ September 13<sup>th</sup> INTRODUCTION To Meaningful Conversations, An Inter-Active Experience
- ✚ September 20<sup>th</sup> Advance Care Planning Education (ACP) - What YOU Need To Know
- ✚ October 4<sup>th</sup> SELECTING your Health Care Agent and BEING a Health Care Agent
- ✚ October 11<sup>th</sup> UNDERSTANDING - Palliative Care / Home Health / Hospice
- ✚ November 8<sup>th</sup> Writing YOUR OWN OBITUARY
- ✚ November 15<sup>th</sup> COMPLETION of YOUR Advance Care Planning (ACP) Documents

**FOR REGISTRATION: CONTACT – Paula Shininger - (252) 249-3687**  
Register either for – The Whole Series OR Just Those Sessions You Are Interested In  
Order of Topics is subject to change based on availability of speakers

For More Information or Questions contact - [MaryLou.Infinito@ecuhealth.org](mailto:MaryLou.Infinito@ecuhealth.org) // 252.382.3945

### **ALSO - COMING IN 2024:**

- ✚ PRE-PLANNING with the Assistance of Funeral Home Knowledge
- ✚ Start Here – To Think About and Plan Your Own Funeral Mass or Memorial Service
  - ✚ “Being Mortal” – Movie and Discussion